

Outcome from today's procedure: (tick which apply and supply dates if applicable)

- Prescription
- Outpatient appointment
- Repeat procedure / surveillance
endoscopy
- Scan
- Blood test

Advice given by:

Name: _____

Position: _____

Signature: _____

Date: _____

Reference source

- <https://patient.info/health/chest-infection/bronchoscopy>
- <http://www.cancerresearchuk.org/about-cancer/lung-cancer/getting-diagnosed/tests-diagnose/bronchoscopy-ultrasound-endobronchial-ultrasound>

Contact details

Endoscopy Department

Telephone: 01483 571122 ext 4409

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

Past review date: N/A
Future review date: May 2022
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PIN190515–1644



Discharge information following your Respiratory Endoscopy

Endoscopy Department



Patient information leaflet

This leaflet will be given to you following a respiratory endoscopy and will outline post procedure expectations, advice and follow up.

Patient Addressograph

You have had:

What should I expect after this procedure?

You may have a sore throat, which can last up to 48 hours caused by the insertion of the endoscope. Taking simple throat lozenges will help. You may cough up small amounts of blood which may appear in your sputum. This may be caused from the insertion of the tube or from taking specimens during the procedure. It is not unusual to experience symptoms of fever after a bronchoscopy. This normally only lasts a few hours. If you feel unwell or the symptoms of fever last longer than 24 hours, please contact the Endoscopy Unit on the number below or see your GP.

What should I do if I develop any of the following?

If any of the following symptoms persist – bleeding, pain and shortness of breath please do not hesitate to contact the Endoscopy Unit during working hours (8am-6pm) on **01483 571122 Ext 4409** or, if out of hours, please contact your GP, phone NHS helpline **111** or visit your nearest Emergency Department.

Post procedure advice for eating and drinking

A local anaesthetic spray / liquid has been used to numb your throat and airways during the procedure. It will normally take two hours for that anaesthetic to wear off. Therefore, **DO NOT EAT OR DRINK for two hours following your procedure.**

Instructions for testing the sensation in your throat

You can take a sip of cool water at
If you do not experience any problems swallowing, you may commence eating and drinking as normal. If you cough or have difficulty in swallowing, please do not drink for another 30 minutes. Repeat this process until you can swallow normally.

Special instructions for restarting any medications:

Advice for patients who have had sedation

- Rest at home for the rest of the day as the sedative can make you feel tired and lethargic.
- Do not drive a vehicle, ride a push bike, operate machinery or sign anything legal for 24 hours post procedure.
- Do not drink alcohol for 24 hours post procedure.
- Ensure that you have a responsible adult with you for 24 hours after your procedure.

Advice for patients who have not had sedation

- You are able to drive yourself home and resume all normal activities.
- You may however wish to rest at home following your procedure.

If you have had any tissue samples taken

- If you have had samples taken as part of your procedure, these will be sent to the laboratory to be analysed.
- A copy of your report and any subsequent results will be sent to your GP for their records.