

Contact details

Telephone: 01483 571122 ext 2206/2207

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Patient information leaflet

Neighbour strapping advice

Accident & Emergency Department

What is neighbour strapping used for?

You have broken a bone or damaged a ligament in one of your fingers or toes and the strapping is used to support the fingers or toes together to act as a splint.

What else should I do?

- Elevate the injured limb to help prevent swelling.
- Exercise the affected finger or toe by gently moving them.
- Avoid getting the strapping wet, if you do, you need to replace it.
- You should leave the strapping on until you are reviewed in the clinic if you are requested to come back, or remove it as advised by the doctor or nurse.
- If the fingers or toes become swollen, numb or white, cold or blue, remove the strapping and then return to the nearest Emergency Department.

Key reference source

Mr Mark Pontin – Consultant
Royal Surrey County Hospital

Have you any other questions or problems?

Please contact us at Royal Surrey County Hospital Emergency Department on **01483 571122** ext **2206/2207**.

Notes
