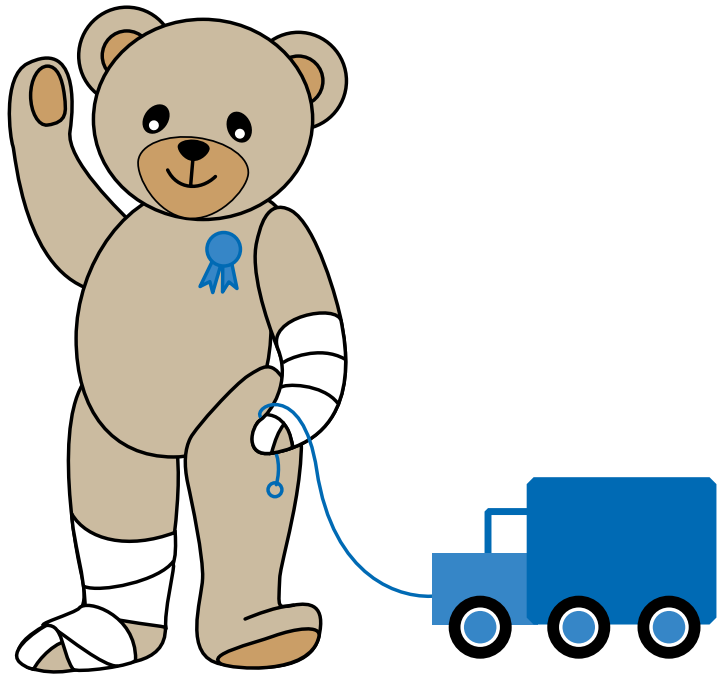


Myringoplasty

Paediatric Day Surgery Unit



Patient information leaflet

What is a myringoplasty?

It is the operation to repair a hole in the ear drum.

Are there any alternatives?

There are no alternatives.

What does the operation involve?

The operation is performed under a general anaesthetic. There will be an incision behind or around the top of the ear, although occasionally the operation will be performed through the ear canal. A dressing will be placed inside the ear canal which will be removed by the surgeon post operatively. Occasionally you will have a head bandage on for 24 hours.

Will there be stitches?

There will be some stitches. However, children's stitches are usually dissolvable and do not need to be removed. They should start to dissolve within 1–3 weeks. During this time you may see small pieces of the stitch material poking out of the healing wound, do not be tempted to pull these.

Will it be painful?

Some pain/discomfort may be felt initially so give your child regular Paracetamol/Ibuprofen according to their age. If they need anything stronger this will be prescribed and given to you.

Give regularly for the first 48 hours and then as necessary.

Next dose Paracetamol:

Next dose Ibuprofen:

Could there be complications?

- **Bleeding** – if you are concerned about bleeding through the bandage, please contact the hospital switchboard and ask for the ENT Dr on call.
- **Infection** – The wound may become infected. If your child develops severe pain, a high temperature or if the wound appears red or swollen please see your GP.
- **Dizziness** – your child may feel dizzy but this should settle quickly.

Does my child need to use water precautions?

Yes.

Once the dressing has been removed, the ear and surrounding area must remain clean and dry for 2 weeks.

When washing your child's hair, insert cotton wool with petroleum jelly into the ear to prevent water from entering.

Will my child need a follow up?

You will be sent an outpatients appointment through the post.

GP letter

A letter will be sent to their GP giving a brief detail of the admission. You will be given a copy of this on discharge.

Reference source

- www.privatehealth.co.uk/private-operations/ear-nose-andthroat/tympanoplasty
- www.ent-info.co.uk
- www.london-ent.co.uk/myringoplasty

Contact details

If you require further advice, please do not hesitate to contact us.

Day Surgery Unit

Telephone: 01483 406783 (Monday to Friday, 8am–8pm)

Hascombe Children's Ward

Telephone: 01483 464071 (24 hours)

Accident & Emergency

Telephone: 01483 464156 (24 hours)

If you are seriously concerned about your child, please take them to Accident & Emergency.

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm, Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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