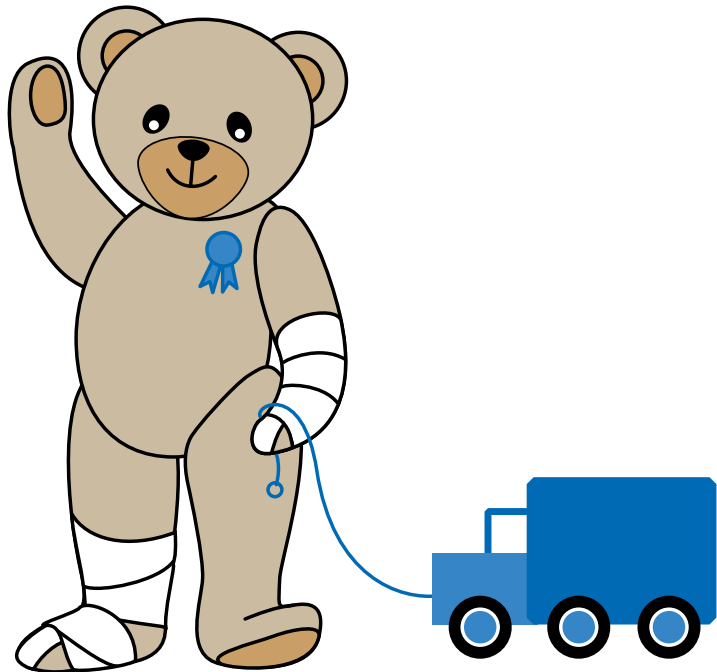


# Orchidopexy

Paediatric Day Surgery Unit



Patient information leaflet

## What is an Orchidopexy?

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An Orchidopexy is the name of the procedure your son will have to bring his testicle(s) down into the scrotum.

## Are there any alternative treatments?

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Observation is the only alternative to this procedure. However, if the procedure is not carried out then there is a risk of future complications.

## What will the wound look like?

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The wound will be small and may have a dressing on. This will need to stay on for at least 3–4 days.

## Will it be painful?

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Some pain/discomfort may be felt initially so give him regular Paracetamol and Ibuprofen for pain relief according to his age. If your child needs anything stronger, this will be provided by the ward. Give regularly for the first 48 hours and then as necessary.

Next dose Paracetamol:

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Next dose Ibuprofen:

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## When can he bathe?

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The wound must be clean and dry for the first 3–4 days (or as long as your child's surgeon advises). General points to remember:

- If possible have showers not baths
- Don't use bathing products directly over the wound
- Dry the surrounding area carefully by patting gently but allow the wound to air dry
- Once the wound has healed, gently rub petroleum jelly or a fragrance free moisturiser into the scar helps to reduce how noticeable it is.

## **When can he go back to school/activity?**

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It is advisable to keep him off school for at least 1 week. Vigorous exercise, including school sports, cycling and climbing should be discouraged for up to 6 weeks. It is not advisable to swim until the wound has completely healed.

## **Will there be any complications?**

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If he experiences any of the following contact your GP

- Increased pain
- Increased swelling
- If you suspect an infection

## **General Practitioner's (GP) letter**

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A letter will be sent to his GP giving brief detail of his admission. You will be given a copy of this on discharge.

## **Will he need a follow-up appointment?**

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A follow-up appointment will be sent to you.

## **Reference source**

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- [www.nhs.uk/Conditions/undesendedtesticles/Pages/Treatments.aspx](http://www.nhs.uk/Conditions/undesendedtesticles/Pages/Treatments.aspx)
- British Association of Urological Surgeons (BAUS)Limited
- [www.urologyinformation.co.uk/](http://www.urologyinformation.co.uk/)

## Contact details

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If you have any worries that are not covered by this information booklet, please do not hesitate to contact us.

### Day Surgery Unit

**Telephone:** 01483 406783 (Monday to Friday, 8am–8pm)

### Hascombe Children's Ward

**Telephone:** 01483 464071 (24 hours)

### Accident & Emergency

**Telephone:** 01483 464156 (24 hours)

If you are seriously concerned about your child, please take them to Accident & Emergency.

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## PALS and Advocacy contact details

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Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

**Telephone:** 01483 402757

**Email:** [rsc-tr.pals@nhs.net](mailto:rsc-tr.pals@nhs.net)

**Opening hours:** 9.00am–3.00pm, Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Future review date: November 2020

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