

Notes

Contact details

Supportive & Palliative Care Team

Telephone: 01483 571122 ext 4188

The team members are available 7 days a week between the hours of 9am–5pm.

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

Past review date: July 2018

Future review date: July 2021

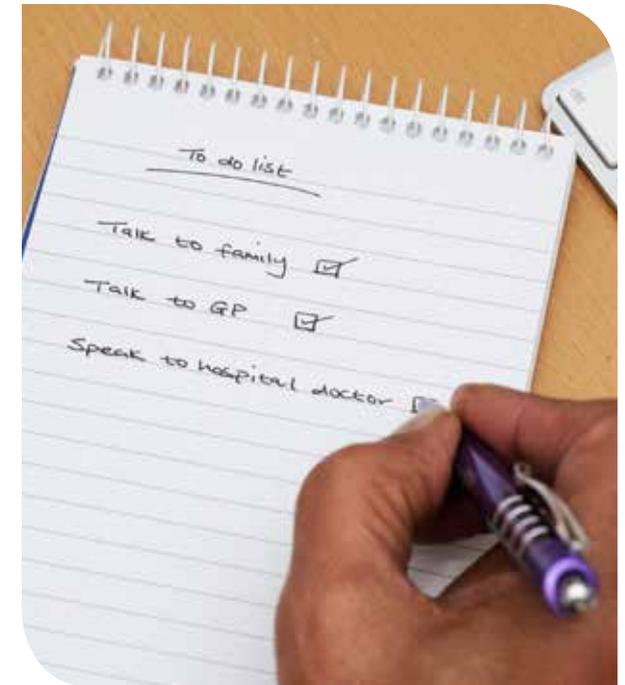
Author: Sally Hall

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Writing an Advance Care Plan (ACP)

Supportive & Palliative Care Team



Patient information leaflet

This leaflet explains how you may wish to record your views and preferences for the future.

What is Advance Care Planning?

Advance Care Planning involves writing down your views and preferences for your future health care. Recording your preferences will help tailor your care.

Why should I write an Advance Care Plan?

At some point in the future you may not be able to express your views and preferences. An Advance Care Plan can help doctors and nurses to understand what your wishes are on certain types of treatment. Writing down your preferences can help to influence what happens to you.

What should be written in an Advance Care Plan?

You should write down any things that you would like to happen as well as any things that you would not like to happen should you become less well. Examples of things that could be written down are your views on cardiopulmonary resuscitation (CPR), artificial breathing (ventilation), artificial feeding (tube feeding), organ donation, preferred place of care and preferred place of death.

How do I go about writing an Advance Care Plan?

An Advance Care Plan booklet is available from the hospital.

What do I do with the Advance Care Plan booklet?

You should keep the booklet in a safe place and make sure that your family and friends know where to find it. You should also give a copy to your GP and any other doctors and nurses that are involved in your care.

What happens if I change my mind?

If you change your mind then you can simply alter the Advance Care Plan. Alternatively you may wish to complete a new booklet.

Who can I talk to if I want further help with anything in this leaflet?

If you wish to discuss any of the above please talk to your Key Worker or Clinical Nurse Specialist (CNS). You may prefer to talk to your GP. Alternatively you can contact the Supportive & Palliative Care Team on

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Useful information

Advance Care Planning

- www.endoflifecareforadults.nhs.uk/eolc/acp.htm

Advance Decisions to Refuse Treatment

- www.adrtnhs.co.uk

Lasting Powers of Attorney

- www.publicguardian.gov.uk

NHS Organ Donor Line

- www.uktransplant.org.uk

NHS Choices

- www.nhs.uk