

# Removal of 'Corflo®' Percutaneous Endoscopic Gastrostomy – PEG Tube

Nursing and Patient Experience



Patient information leaflet

## **Introduction**

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The purpose of this leaflet is to provide you with information regarding traction removal of your Corflo® percutaneous endoscopic feeding tube, otherwise referred to as a peg tube.

## **What is a traction removable PEG?**

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Traction removable PEG tubes can be removed by pulling from the outside. These tubes cannot fall out normally as their end ensures they stay in place.

## **Why are we removing this tube?**

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Your consultant as part of your ongoing care has requested removal of your peg feeding tube.

## **Can I eat and drink prior to this procedure?**

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Before attending for the procedure you should not eat anything for 6 hours but you may drink clear fluids up to 2 hours before your appointment time.

## **What about my regular medications?**

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Take your regular medicines as normal.

Please contact us urgently at least seven days prior to the appointment if you are on any blood thinning Injections or drugs such as the following medications: Warfarin, Clopidogrel (Plavix ®), Dipyridamole, (Persantin ®), Rivaroxaban (Xarelto ®), Dabigatran (Pradaxa®), Apixaban (Eliquis® ) and Edoxaban (Lixiona ®). We may need to stop them for a short period of time following discussion with your doctor.

If you are diabetic or take doses of aspirin above 75 milligrams per day, please contact us so we can discuss the management of these medicines.

## **Who will take the tube out?**

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The nutrition nurse specialist will remove your tube after they have explained the procedure to you. This will be done in the endoscopy unit.

## **How is the tube taken out?**

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The PEG has a foam air filled bumper which secures your PEG; this is cut in half to reduce the air in the bumper. The nurse will lay one hand on your stomach and pull the tube gently but firmly until it comes out. A sterile dressing is then placed over the site. This is called traction removal.

## **Will this hurt?**

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It is likely that some degree of discomfort will be felt. Following removal it is recommended to take painkillers if needed and to avoid lifting or straining if discomfort still felt.

## **Does this always work?**

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Very rarely the tube will not come out when pulled. A different method of removal will then be offered to you. This may involve you being sedated or having the tube removed using an endoscope which is similar procedure that you will have undergone when the tube was first placed. This may be done the same day on the day and we will discuss this in detail with you at the time if necessary. (See below for further details in 'Alternative Methods')

## **If I have food or drink afterwards will it leak out?**

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Occasionally a small amount of fluid may leak out, however, it is important to eat and drink afterwards. This should stop within 24 hours.

## **How long do I keep the dressing on?**

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Please leave dressing on your stomach for 24 hours prior to removing and replace dressing if needed.

The site of the wound should begin to heal up after 24 hours but this can take up to week to completely dry up. Please don't hesitate to contact us if further advice needed or please make an appointment to see your practise nurse based at your gp surgery.

## **After the procedure**

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You will be offered a light snack and drink prior to leaving the department.

## **Will I be able to drive following removal of Peg?**

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If you have not been sedated you may drive when comfortable but we advise you bring an escort on the day in case you feel unable or should not drive home.

## **Can I have a shower or bath?**

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There is no reason not to have a shower but it is suggested you keep the dressing over the PEG site for the first 24 hours. It is also recommended that you do not submerge the PEG site under water in the bath until fully healed.

## **Are there any alternative methods for removal?**

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Yes, you can be given sedatives (drugs that calm and may make you sleepy) via your vein or undergo another full endoscopy. However If you choose this option please be aware that this needs to be pre booked and you must have a relative/ friend with you to escort you home and stay with you for 24 hours after sedation .You are also advised not to drive for 24 hours post sedation or make important decisions. This is due to potential complications of sedation which on very rare occasions could cause your respiratory muscles to become less effective and you may experience some memory loss from the drugs used.

## What are the risks and side effects?

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As well as the potential risks associated with an endoscopic procedure or intravenous sedation, the main risks are discomfort or delayed healing to the peg site from either traction removal or endoscopic removal. If you have any concerns please contact us so we can discuss these further.

## What to do if I have a problem following removal of my PEG?

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If you experience any inflammation, swelling, temperature, shakes, shivers or pus from the PEG site in the 7 days after removal please contact your GP urgently.

If you are unable to see your GP you are advised to go to your nearest accident and emergency department.

If you have any questions about the procedure or other related issues please telephone the Nutrition Nurses

- Nutrition Nurses                      **01483 571122 Ext 2598**
- Endoscopy unit                        **01483 464050**

## Other sources of information

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- [www.pinnt.com/](http://www.pinnt.com/)  
This site is intended for all nutrition patients and their carers as well as healthcare professionals and the general public.
- <https://www.nhs.uk/conditions/gastroscopy/risks/#sedation>

## Reference source

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Traction removal of the Corflo® Peg 2017 Corpak medsystems  
[www.corpakmedsystems.com](http://www.corpakmedsystems.com)





## Contact details

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### Nutrition Nurses

**Telephone:** 01483 571122 **ext** 2598

### Endoscopy unit

**Telephone:** 01483 464050

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### PALS and Advocacy contact details

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Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

**Telephone:** 01483 402757

**Email:** [rsc-tr.pals@nhs.net](mailto:rsc-tr.pals@nhs.net)

**Opening hours:** 9.00am–3.00pm, Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

Past review date: November 2017

Future review date: November 2020

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**PIN171127–1349**

