





The bobble hat care bundle is an initiative created by the Royal Surrey County Hospital which has shown to prevent unnecessary admissions to the special care baby unit. Babies get cold very quickly and have a large surface area on their heads. Putting a hat on your baby as soon as possible after delivery will help prevent them getting cold and needing medical assistance.

You and your baby will then be allocated either a red, amber or green hat. The colour represents how much care you and your baby will require after delivery. This is based on many factors such as: the type of delivery you had, whether your baby was full term or premature and any additional observations or interventions your baby may require.

It can take up to 24 hours for babies to stabilise their temperatures after birth. We therefore recommend that you keep a hat on your baby for either 24 hours or until you go home, whichever is first.

When you are at home, it is very important that you do not put a hat on your baby for sleeping as this may increase the risk of cot death. It is safe for your baby to wear the hat in hospital until their temperature stabilises.

If you require any further information please ask a member of staff.

If either you or someone you know would like to knit some hats in the above colours we would be very grateful, and can provide you with a pattern and size.

Thank you.

