

Any other information

Contact details

If you require further advice, please do not hesitate to contact the Day Surgery Unit.

Day Surgery Unit

Telephone: 01483 406783

Monday–Friday, 8am–6pm

Out of hours advice:

Call 111 (formerly NHS Direct)

www.nhsdirect.nhs.uk

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

Past review date: February 2017

Future review date: February 2020

Author: Sian Oates & Laura Ceurstemont

PIN170210–1259



Reference source

www.nhs.uk

Minor Surgery under Local Anaesthetic

Day Surgery Unit & Surgical Short Stay



Patient information leaflet

Your Operation:

This leaflet contains advice regarding how to take care of yourself and your wounds following your local anaesthetic.

If you have any questions or worries relating to your operation itself, you will have time to speak to your surgeon before you have your operation done. Also, you can ask the nursing team any questions you have.

Are there any alternatives?

This leaflet covers a wide variety of procedures; therefore, there may be alternative interventions, so please ask your doctor.

What are the potential risks and complications?

Complication during and following your procedure are rare.

They include:

- Excessive bleeding, if this occurs apply direct constant pressure for 15-20 minutes.
- Excessive swelling, you can add a cold compress to the area i.e. frozen peas, this should help relieve the symptoms. If possible elevate the area.
- If your wounds become very tender, red and swollen please contact your own GP.

Pain

Some discomfort is to be expected after any type of surgery. Your local anaesthetic injected into the operation area, to keep it comfortable, should last for around 4-6 hours after being put in the wound. When you feel the local anaesthetic starting to wear off, and it is time, take one of your painkillers you have been given or prescribed or advised to take.

You may be prescribed some painkilling tablets to take home. These carry a prescription charge, unless you are exempt.

Wound care

If you have a dressing this should be kept clean and dry for days.

You will be advised on what type of stitches you have in your wound. If these are dissolvable stitches they will take up to 3 weeks to dissolve.

If your stitches require removal this is usually arranged to be done by your practice nurse at your GP practice. Please ring and make this appointment yourself.

Please have your stitches removed in days.

If your wounds become red, swollen, very tender or develop a discharge then please contact your own GP or the ward you were a patient on.

Work

Depending on the surgery you have had done you may require some time off from your work. The nursing staff can advise you on this. If you require a sick certificate for work please ask. You can self-certify off from your job for 5 days without a sick certificate.

Driving

Depending on your surgery you may need to avoid driving for a period of time. The nursing staff can advise you of this.