

This will be useful for the future and it is important that you make health care staff aware of it. Should you be admitted to hospital, you should let the hospital staff know that you are, or have been, a carrier and show them the letter.

[How should clothes be washed?](#)

Clothes should be washed in a washing machine at the highest possible hot wash the fabric can withstand (refer to laundry label on garment). Laundry should be placed directly into the drum of the washing machine. Wash your hands after handling laundry.

[What is Royal Surrey County Hospital \(RSCH\) doing about Carbapenem Resistant Organisms?](#)

Infection prevention and control is taken very seriously at the RSCH. There are guidelines and procedures in place to minimise the risks of acquiring an infection. Like other healthcare organisations, the RSCH has to report cases of carbapenemase-producing organisms to Public Health England.

[Key reference source and further information](#)

- www.gov.uk/government/collections/carbapenem-resistance-guidance-data-and-analysis

[Contact details](#)

Infection Control Team

Royal Surrey County Hospital
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Telephone: 01483 571122 **ext** 4580

[PALS and Advocacy contact details](#)

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Carbapenem Resistant Organisms

[Infection Control Department](#)



[Patient information leaflet](#)

What are Carbapenem Resistant Organisms?

There are many bugs/bacteria that live harmlessly in the gut of humans. However, these bacteria can cause infection if they are transferred to other parts of the body, e.g. blood and urine.

Carbapenems are one of the most powerful types of antibiotics. Carbapenemases are enzymes (chemicals), made by some strains of bacteria, which allow them to destroy the carbapenem antibiotics and so the bacteria are said to be resistant to the antibiotics.

What illnesses does Carbapenem Resistant Organisms cause?

E.coli and Klebsiella, although common bacteria that live in the gut can cause infection in humans. Infections tend to be in the urinary tract and blood. When infection is caused by carbapenemase-producing bacteria it is more difficult to treat because of antibiotic resistance.

How are Carbapenem Resistant Organisms spread?

These bacteria can be spread in the following ways

- **Directly** – from person to person on the hands, or by direct contact with a patient who is a carrier of this bacteria
- **Indirectly** – from ward environment (if a patient in hospital is carrying this bacteria it can get into the ward environment), or from contaminated equipment which has not been cleaned properly.

How will I know if I am at risk of being a carrier or having an infection?

Your doctor or nurse may suspect that you are a carrier if you have been in a hospital abroad, or in a UK hospital that has had patients carrying these bacteria. If any of these reasons apply to you, screening will be arranged for you and you will be nursed in a single room with your own toilet facilities at least until the results are known.

How will I be screened for Carbapenem Resistant Organisms?

Screening usually entails taking a rectal swab or you may be asked to provide a sample of faeces. The result should be available in two to three days. Negative samples are required before you can be moved out of the single room.

What happens if my result is positive?

If the result is positive, do ask your doctor or nurse to explain this to you in more detail. You will continue to be nursed in a single room. If you have an infection, you will need to have antibiotics. However, if there are no signs of infection and you are simply 'carrying' the bacteria, no treatment is required.

Can Carbapenem Resistant Organisms infections be treated?

Yes, there are still antibiotics that will treat infection effectively. Your doctor will need to discuss treatment with the Consultant Microbiologist and/or Antibiotic Pharmacist.

How long do patients with Carbapenem Resistant Organisms have to stay in a single room?

Isolation in a single room will need to be continued while you are in hospital.

What about my visitors?

Visitors will be asked to wash their hands on entering and leaving the room. For social visiting gloves and aprons are not required.

When can I go home?

You will be discharged home when your clinical condition allows. Whilst there is a chance that you may still be a carrier when you go home, quite often this will go away with time. No special measures or treatment are required; any infection will have been treated prior to your discharge. You should carry on as normal, maintaining good hand hygiene. If you have any concerns you may wish to contact your GP for advice.

Before you leave hospital, ask the doctor or nurse to give you a letter advising that you have had an infection or been colonised with carbapenemase-producing organisms.