

Other useful contact details

CUP Administration support

Stephanie Wynter: 01483 571122 Ext 2690

Chemotherapy Hotline

Monday to Friday 09:00–17:00

Tel: 01483 571122 (switchboard)

Pager: 76 6516

(Outside of these hours, please call switchboard and ask for the on call Oncology doctor)

Onslow ward

Tel: 01483 571122 Ext: 6860 / 6858 / 6862

Chilworth Day Unit

Tel: 01483 571122 Ext: 6772

Radiotherapy reception

Tel: 01483 571122 Ext: 6600

Support organisations and further information

Macmillan Cancer Support

Tel: 0808 808 00 00

www.macmillan.org.uk

Cancer Research UK

Tel: 0207 242 0200

www.cancerresearch.org.uk

Citizens Advice Bureau

Tel: 0870 126 4087

The Fountain Centre

Royal Surrey County Hospital,
St Lukes Cancer Centre, Guildford, GU2 7XX

Tel: 01483 406618

www.fountaincancersupport.com

Jo's friends Cancer of Unknown Primary (CUP) foundation

www.cupfoundjo.org

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Patient information leaflet

Cancer of Unknown Primary (C.U.P)

Multi-Disciplinary Team



Oncology Department



St. Luke's
CANCER CENTRE

Patients 1st
The Patient's First Choice

What is CUP?

In most cases, the source of a cancer (the Primary site) can be found after clinical examination and investigations which may include blood tests, scans or camera tests. In Cancer of Unknown Primary (CUP), there is evidence of cancer which has spread in the body but it is not possible to detect where the cancer started.

There are several reasons why it may be difficult to find the primary cancer. Sometimes the primary cancer is too small to be seen by scans or camera tests. On other occasions, the primary tumour is thought to have died after sending Cancer cells into the blood or lymphatic system. Sometimes despite thorough investigations the primary tumour cannot be found and it is then advisable to proceed to treat the visible cancer rather than delaying therapy.

What is the role of the Clinical Nurse Specialist (CNS)?

We are senior nurses who work as part of the Cancer of Unknown Primary (CUP) Multidisciplinary Team (MDT). We specialise in the care and support of people undergoing investigations or diagnosed with CUP. We aim to provide you and your family with support and advice throughout diagnosis, treatment and follow up.

We will act as your key worker, providing you and your family with a point of contact and assistance in coordinating your care. We can do this by acting as a link between you and the various departments and hospitals involved in your care.

We aim to give you sufficient information so that you will feel better placed to make informed decisions about your treatment and care. We are available to contact at any point during your care to answer your questions, or to discuss any worries or concerns that you might have.

How is your care planned?



The CUP Multidisciplinary team (MDT) consists of a team of specialist doctors and nurses, and meets every week on a Wednesday to discuss all newly diagnosed patients. The investigations that have been performed as well as all relevant information are discussed and a recommended treatment plan will be agreed. Your care may be coordinated within the CUP MDT or you may be referred to other MDTs where appropriate.

The treatments offered will depend on which cancer you have and at what stage you have been diagnosed. The treatment may include radiotherapy, surgery, chemotherapy, hormone therapy or targeted therapy.

You may require one or a combination of treatments. You may also be asked to participate in research trials (this will be voluntary).

All of this will be fully discussed with you (if you wish to have treatment) before your consent is taken. Written information specific to the type of treatment you will be receiving will also be provided. If at anytime you are unsure please ask for the information to be re-discussed.

We encourage all patients to attend clinic appointments with a family member or a friend for additional support.

During your treatment or follow-up surveillance, the MDT will continue to review and recommend any further investigations as necessary. We will liaise with your GP, district nurses and community Macmillan nurses as required.

How can I contact you?

CUP Clinical Nurse Specialist

We can be contacted via the hospital switchboard on **01483 571122** and bleep **71 0727**. (Please note this is not an emergency telephone number). Our working hours are Monday-Friday between 8.00am and 5.00pm

Email the team at:

rsc-tr.acuteoncology@nhs.net (this account is checked on a daily basis between Mon-Fri).

For urgent enquiries outside of these hours, please ring the hospital switchboard on **01483 571122** and ask to bleep the On call Oncology doctor.

Alternatively, please contact your General Practitioner (GP) or NHS Direct 111 for advice or in case of emergency, visit your local Accident and Emergency department.