

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

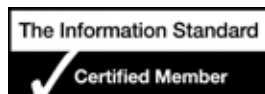
Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–3.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Future review date: Nov 2018
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PIN151124–1006



Patient information leaflet

Shingles (Herpes Zoster)

Eye Department

What causes Shingles?

Shingles (Herpes Zoster) is caused by the chicken pox virus. The virus stays in the body and can become active again, many years later, and can cause shingles.

What are the symptoms?

These include a painful rash affecting one side of the face and scalp.

If the eye is affected it can cause redness, soreness and blurred vision.

What treatment can I expect?

Shingles (Herpes Zoster) is treated with antiviral tablets.

If the eye is involved it can take a long time to resolve. You may need strong painkillers from your doctor as this condition can be very painful. It can take several weeks for the rash to disappear.

You must not share flannels or towels whilst you have the rash, as shingles is infectious and you can pass the chicken pox virus on to others.

Further advice and instructions

Reference source

www.nhs.uk/conditions/shingles

If you are worried or concerned about your symptoms please telephone the Eye Clinic on

Telephone: 01483 464080

Monday–Friday, 9am–5pm