

## Useful information (continued)

### **The Bridge Project (peer to peer support)**

Telephone: 01483 346224

[www.alcoholconcern.org.uk](http://www.alcoholconcern.org.uk)

[www.drinkaware.co.uk](http://www.drinkaware.co.uk)

<http://.dontbottleitup.org.uk>

[www.nhs.uk/drinking](http://www.nhs.uk/drinking)

[www.smartrecovery.org.uk](http://www.smartrecovery.org.uk)

### **Self Motivating and Recovery Training**

[www.surreydrugandalcohol.com](http://www.surreydrugandalcohol.com)

### **PALS and Advocacy contact details**

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

**Telephone:** 01483 402757

**Email:** [rsc-tr.pals@nhs.net](mailto:rsc-tr.pals@nhs.net)

**Opening hours:** 9.00am–3.00pm  
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

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Author: Anthony Gartland

**PIN150903–1002**



## **Alcohol Liaison Service**



### **Medicine**

## Alcohol Liaison Service

### **Who are we and what do we do?**

We provide a service for patients admitted to The Royal Surrey County Hospital with alcohol related problems. This includes nurse-led assessment for hazardous, harmful and dependent alcohol use, 1:1 support and advice, support in accessing community services, referral to appropriate professionals and advice on inpatient treatment. There are no age restrictions linked to the service.

In addition, we provide two out-patient clinics a week, on Monday morning and Friday afternoon and we accept referrals from within the hospital for an appointment. The clinic offers motivational interviewing with Cognitive Behavioural Therapy (CBT) based interventions and relapse prevention strategies. Appointments can be booked via the Appointment Centre:

**Telephone:** 01483 464002

We also support staff training around alcohol screening and brief intervention.

## Who can be referred to the Alcohol Liaison Service?

Any person assessed as having or potentially having an alcohol related problem during their presentation at the hospital.

In-patients with dependant alcohol use as evidenced by signs of withdrawal e.g. anxiety, sweating and tremor.

In-patients whose admission is alcohol-related, for example, alcohol induced seizures, liver disease, cardiac disease or injuries.

## How to contact us

Referrals can be made in person to the Alcohol Liaison Service, Monday to Friday, 8am–4pm:

**Telephone:** 01483 571122 **ext** 6623

**Email:** [rsc-tr.AlcoholLiaisonService@nhs.net](mailto:rsc-tr.AlcoholLiaisonService@nhs.net)

**Mobile:** 07790 943148

**Bleep:** 71-4220

## Useful information

### **Alcoholics Anonymous (AA)**

Telephone: 0845 7697555

### **Catalyst**

Telephone: 01483 590150

### **Guildford Action Day Centre**

Telephone: 01483 560003

### **Homeless Outreach Service (HOST)**

Telephone: 01483 302495

### **I-Access Drug and Alcohol Services**

Telephone: 0300 222 5932

### **Inclusion Recovery Aldershot**

Telephone: 0300 1240103

### **Night Shelters**

Guildford 01483 303646

Woking 01483 728739

Crawley 01293 447702

Winchester 01967 728739

### **Samaritans**

Telephone: 01483 505555 or 116123  
(Freephone)

### **Surrey Drug and Alcohol Care (SDAC)**

Telephone: 0808 802 5000  
(Freephone landlines/mobiles)

### **Surrey & NE Hampshire Mental Health Crisis Line (evenings & weekends)**

Telephone: 0300 4568342