NAS SURREY BRANCH

The local support group for families affected by Autistic Spectrum Disorders

The NAS Surrey Branch is a volunteer-run support group and offers a variety of support groups, meetings and activities for families with children and adults with autistic spectrum disorders (ASDs). Details of all activities are published in the Branch newsletter, produced every 2 months. It’s free to join – just go to www.mugsy.org/membership.

- **Evening Talks**: Once a month during term-time there are evening meetings with speakers, open to anyone with an interest in ASDs. Meetings take place in Guildford, Redhill and Woking. Sign up for our newsletter at www.mugsy.org for details.

- **Coffee mornings**: a chance for parents to meet others with children with ASDs. Coffee mornings run throughout term-time in Woking, Guildford, Cobham, Walton, Addlestone, Chertsey, Dorking, Milford, Farnham & Redhill. Contact Emma Whitfield, email: emma@mugsy.org tel: 07423 435413

- **Parents of Adults group**: this group meets once a month in the evenings for informal get-togethers. Contact Hilary Dyce, email: hilarydyce@yahoo.co.uk

- **Parents of Girls Group**: meets in Woking and Guildford in mornings and evenings. Contact Rachel Pearson, email: racheldpearson@gmail.com Tel: 01483 727378

- **Dads’ Group**: a chance for fathers of children or adults with ASDs to meet in a member’s home for a meal and a chat. Meets every 3 or 4 months on a Friday evening. Contact Martin Trenaman, email: trenamans@talktalk.net Tel: 01737-360069

- **Online support group**: The Branch runs a Yahoo! email group for members to share experiences and ask questions. For details, go to www.mugsy.org/maillist.htm

Family activities

- **Ice Skating** (Guildford in May/June) – we take over the ice rink at Spectrum Leisure Centre in Guildford for use by NAS Surrey Branch members.

- **Indoor Climbing** (Walton-on-Thames in October/November) – a one-hour taster session for children and young people with ASDs and their siblings, suitable for ages 7 – 17 at Xcel Leisure Centre, Walton-on-Thames.

- **Christmas Party** (Woking in December) – we have exclusive use of the soft play and sensory room at Woking Leisure Centre suitable for younger children with ASDs and their siblings.

- **Cinema outing** (Reigate in February) – we have exclusive use of one screen at the Everyman Cinema in Redhill with a showing of a popular children’s film.

For details, contact Emma Whitfield email: emma@mugsy.org tel: 07423 435413

The National Autistic Society is a registered charity, number 269425