Recording the Result

Date	Time	Protein	Blood	Glucose

We hope that this leaflet has been of some help to you and your child. We look forward to meeting you both and will endeavour to answer any questions you may have at the time.

Contact details

If in doubt about your child's condition, always seek medical advice

Call us **Hascombe Ward**
01483 464071
Childrens Unit
01483 464071
Call NHS Direct 111
Call your G.P

PALS and Advocacy contact details

Contact details of independent advocacy services can be provided by our Patient Advice and Liaison Service (PALS) who are located on the right hand side as you enter the main reception area. PALS are also your first point of contact for health related issues, questions or concerns surrounding RSCH patient services.

Telephone: 01483 402757

Email: rsc-tr.pals@nhs.net

Opening hours: 9.00am–4.00pm
Monday to Friday

If you would like information documents in large print, on tape or in another language or form please contact PALS.

Past review date: Februrary 2011
Future review date: June 2019
Author: Clare Mitchell
PIN160624–1080

The Information Standard Certified Member

© Royal Surrey County Hospital NHS Foundation Trust 2016

Royal Surrey County Hospital NHS
NHS Foundation Trust

Patient information leaflet

Urine testing

Hascombe Ward

Patients 1st
The Patient's First Choice

Why am I testing my child's urine ?

You have been asked by your Doctor to test your child's urine for:

glucose / blood / protein.

This is a quick and simple test that takes about 1-2 minutes.

Ideally you should test your child's first urine in the morning. Test as soon as the specimen is taken (in any event within 4 hours). You will need to get your child to pass urine into a clean/sterile container.

The test strips you have been given have coloured pads that react to different chemicals.

How do I test the urine sample ?

Once you have obtained the sample,

- Take one strip only from the packet. Immerse the strip in the urine to cover all of the pads. Always replace the bottle cap straight away.
- Remove the strip immediately. Place the edge of the strip along the edge of the container to remove the excess urine.
- Hold the strip horizontally to prevent the pads becoming contaminated. Wait the length of time specified on the packet.

How do I check the Result ?

Hold the corresponding pad against the correct line for **glucose / blood / protein.** Compare the colour to those on the container to see which colour it most closely matches **(negative, trace, +, ++, +++).** Record the result on the page provided.

Discard the strip and urine and wash your hands thoroughly.

Important Points

- Always check that the strips are in date and have not deteriorated. A quick check as to the condition of the strips is if the glucose pad is showing a positive reading before urine dip testing. If so the strips should be discarded.
- More information on this test is contained in the leaflet within the test kit box.
- Remove only one strip at a time and always replace the bottle cap.

Recording the Result

Date	Time	Protein	Blood	Glucose